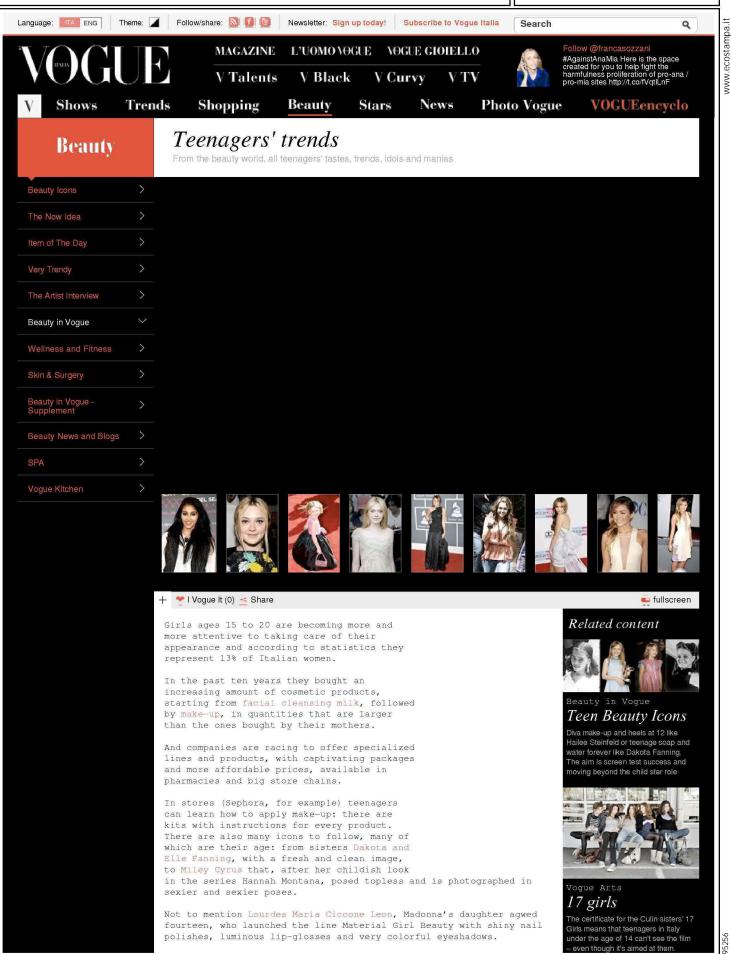
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Even online tutorials have become true make-up schools. And the most viewed are the ones that focus on the products that every girl desires: foundations, eyeliner, mascara, and the super popular, nail

There is a lot of attention also to skin care, seen as during adolescence hormone balance is hardly balanced. "The most important thing is a cleaning treatment, which must be delicate and daily, with a lather, a milk or even soap," says Magda Belmontesi, dermatologist at Vigevano and Milan.

"Then apply a light and matting moisturizing cream that also protects the skin against pollution. A lot of attention must be also paid to the T-zone, made of the forehead, nose and chin, which is more prone to blemishes and sometimes requires specific products. When it comes acne, it's best not to procrastinate and consult immediately a dermatologist.'

Teenagers have their minds sets even when it comes to perfumes: the pole position goes to strong ones, as they don't yet appreciate the gradations, and what counts is, instead, to belong in a group so they choose a fragrance that everyone uses. It must be a designer fragrance, better if floral and fruity: lots of jasmine, roses, but also raspberries and blueberries and yummy and gourmand accents.

Valeria Ridolfi

Published: 04/23/2012

make up, fragrances, actrices, hydrating moisturizer, tutorials

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